

MY GUIDE TO SYDNEY

By Milly, Senior Marketing Executive

Just over a year ago, I arrived in Sydney from the UK, excited to start a new chapter and call a new city home. Over the past year, I've spent countless weekends exploring, uncovering hidden gems, and experiencing all that Sydney has to offer. Now, one year on, I've compiled a list of my favourite spots and things to do - places I love taking visitors...

Walk the coastal path from Coogee to Bondi

The Coogee to Bondi coastal walk is truly a must-do, and there's a reason everyone recommends it. Start your journey at Coogee Beach, grab a coffee to go, and follow the coastal path until you catch your first glimpse of the iconic Icebergs Pool. This 6km scenic trail winds along clifftops, up and down steps, and past the historic Waverley Cemetery, all while showcasing six of the Eastern Suburbs' most stunning beaches. Suitable for most fitness levels, the walk offers plenty of scenic viewpoints, rest stops, and places to grab a bite along the way.

Spend the day at Camp Cove beach

Just a short walk from Watson's Bay, Camp Cove Beach feels like a peaceful escape from the hustle and bustle of Sydney's CBD. A hidden gem, the beach boasts calm waters and a boat exclusion zone, making it ideal for swimming. With a small kiosk serving the likes of pastries, sandwiches, salads, cold drinks, and more, Camp Cove is the perfect spot to relax and unwind for the day.

Take a dip in Mahon Pool

Mahon Pool is a hidden gem located just north of Maroubra Beach, tucked away until you stumble upon it. With a laid-back, local vibe, it offers one of the most spectacular views from any sea pool in Sydney. There's so much to love about Mahon Pool - the stunning location, the incredible views, the spaciousness, and the relaxed atmosphere. The natural sandstone platforms surrounding the pool are perfect for sunbathing, giving the spot a quintessentially Sydney feel, with locals lounging in the sun and taking in the beauty.



Discover hidden beaches along the Rose Bay to Watsons Bay walk

If you're after a walk with stunning harbour views, hidden beaches, and the perfect spot to enjoy a drink at the end, this route should be at the top of your list. Start from Rose Bay just after lunch and don't forget to pack your swimsuit. Along the way, you'll pass through beautiful parks, discover secluded beaches, and take in panoramic city views. A lovely stop is Nielsen Park and Shark Beach, where you can take a well-deserved break and enjoy a refreshing dip. At 8km one way, the walk takes a couple of hours, and you'll arrive just in time to grab a drink, enjoy some food, and watch the sunset from Watson's Bay Hotel. To top it off, when you're ready, hop on the ferry back to Circular Quay and take a leisurely stroll back to Pier One.

Do a yoga class beneath the Sydney Harbour Bridge

Just steps from Pier One Sydney Harbour, you'll find a free yoga class held every Sunday morning right beneath the Harbour Bridge. Choose from the 8:30am or 9:30am session, then reward yourself with a delicious treat from the Rocks Markets afterwards. It's the perfect way to start your Sunday with a peaceful stretch and some local flavours!

Shop around at Paddington Markets

Paddington Markets is a vibrant, not-for-profit artisan market that showcases the talents of local artists, bakers, chefs, and fresh produce vendors in the heart of Paddington. Every Saturday, over 100 stalls fill the grounds of Paddington Uniting Church and the nearby school, creating a lively atmosphere where shoppers can spend the morning browsing unique finds and enjoying delicious snacks from the various food stalls. It's a perfect spot to discover one-of-a-kind items and support local businesses.

Take in Sydney Harbour views along the Spit to Manly walk

The longest of the three walking routes is Spit Bridge to Manly. At around 10km, this trail passes Aboriginal sites, winds through the bush, and takes in some of Sydney's best harbour views. Along the way, you'll encounter a mix of locals and visitors, all soaking in the beauty of the route. There are plenty of swimming spots to enjoy, and the walk concludes in lively Manly, where you'll find bars, restaurants, beaches, and more. When you're ready, you can take the ferry back to Circular Quay for a scenic return.

Cheer on your team at a sporting event

Sydney is a sporting hub year-round, offering something for every sports fan. From AFL and cricket to rugby and tennis, the city hosts an exciting lineup of events that draw both locals and visitors. Whether you're cheering on your team at the SCG or enjoying the atmosphere of a test match at Sydney Cricket Ground, the energy is always great. Embrace your competitive side, soak up the excitement, and immerse yourself in Sydney's vibrant sports culture.

